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Public Health Brief

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24/7/365 Emergency Contact Number Dispatch: 530-694-2231, Ext 330 Warm Line: 530-694-1011



COVID-19 Testing Update

Alpine County Health Department has purchased a number of COVID testing kits (Let's Get Checked) that are available for use by individuals in the home or by employers and staff at workplaces. They are the gold standard PCR tests and are meant to be used for anyone with or without symptoms of COVID for diagnosis or screening. All costs are already paid for by the county. The tests will pick up any variants that may be present, which is critical since there can be some breakthrough infections even in folks who are completely vaccinated.

The process which is clearly outlined in the kits:

- Call UPS to arrange pick-up or drop off at a UPS store or facility.
- Then perform your own nasal swab, and package according to the instructions.

We are making these kits available in several ways:

- If you as an <u>individual</u> want to get tested periodically, say once a week, call us at 530-694-2146, Option 4, and Hillary will arrange for you to come to the HHS building in Woodfords to pick up.
- We will come around to <u>employers</u> and offer kits to be distributed to employees for testing. So that UPS is not overwhelmed, the best thing to do would be for employers to have groups of employees tested at the same time, so that a single UPS pick-up can be arranged, preferably on a Monday or Tuesday. Employers can call the Warm Line and request tests also.

Please contact me (Dr. Johnson) via the Warm Line at 530-694-1011 with any questions.



Bear Valley:

- If you believe you have symptoms consistent with COVID-19, you can call our nurse, Jill Jessen-Smith at 530-721-7489 from 9AM – 1 PM, Tuesday and Wednesday. She will conduct an interview and be able to consult with Dr. Johnson. If appropriate, she can perform a rapid antigen test (Binax). If the test is positive, she will then provide an additional PCR swab kit to be sent out for confirmation (Let's Get Checked). All costs are covered by Alpine County. This is available only for persons living or working in Alpine County.

Calaveras County:

- PCR (the gold standard) testing is available Tuesday from 7AM – 7 PM, in Murphys at the Ironstone Winery at 1894 6 Mile Road. Available free to anyone.

Woodfords:

- For Alpine County residents or workers with symptoms – please call us on the Warm Line for screening. If indicated, we will then provide instructions for testing.

Dresslerville

- Washoe Tribal Health Center, testing available for all Hung-A-Lel-Ti community members on site or via a home testing program, call 775-265-8622 for more information.

Gardnerville

- Rite Aid 7 days per week. By appointment only. 10-8 weekdays and 10-5 weekends. All drive through. No residency requirements. Phone 775-782-7042.

Douglas County and State of Nevada

- Find COVID-19 Testing in Nevada | Nevada Health Response (nv.gov)

South Lake Tahoe:

South Lake Tahoe Community College (El Dorado County):
 http://www.ltcc.edu/news/covidtesting.php or https://lhi.care/covidtesting

For more information, call the Warm Line at 530-694-1011 COVID-19 | Alpine County, CA - Official Website

<u>COVID19.CA.GOV</u> <u>Vaccines - Coronavirus COVID-19 Response (ca.gov)</u>

